

## VOLUNTEERS

### Here's what some of the volunteers have said about volunteering for HART Services

"I'm always treated with respect (by the HART Services Team)"

"I like to help others because one day I know it will be my turn to need help"

"The HART Services Team is always very caring and concerned about the individual"

## CLIENTS

### What Clients have said....

"We enjoy the social interaction with the other passengers and love the good humour, care and attention we receive"

"The drivers are magnificent"

"I do not know how I could live without your social support"

"Kind deeds change lives, what would I do without you?"

"Drivers are so helpful at getting me in and out of the vehicle, an excellent service and good company"

### Being a volunteer can be an enjoyable and rewarding experience, it can:

- >> bring fun and fulfilment to your life
- >> build self-confidence
- >> be a way of meeting new people
- >> keep you active in the community
- >> strengthen social and relationship skills
- >> help maintain physical and mental health
- >> provide opportunities to learn new skills

### Interested in Volunteering?

#### Contact

**Suzanne Arnold**

**Phone 02 6628 8572**

**[www.hartservices.org.au](http://www.hartservices.org.au)**

# hart

services

Home Assistance and

Regional Transport Services

## THINKING OF VOLUNTEERING?

HART Services has a great team of volunteers who make a real difference in the life of our Clients. Volunteers are at the heart of our service and through their generous gift of time they enable a better quality of life for others.



## VOLUNTEER

## POSITIONS?

### We have different volunteer roles:

- >> Individual transport; driving elderly and younger people with disability to medical appointments.
- >> Assisting on buses and group outings.
- >> Social Support volunteers offer accompanied shopping, outings and friendly home visiting (Lismore area)
- >> Aboriginal Transport Program Community Bus Drivers, transporting community members to a range of outings

### MEDICAL TRANSPORT DRIVERS

It is up to each driver how often they drive. Some drivers drive on a particular day each week, others offer occasional driving.

HART Services provides local transport as well as long distance individual trips, the driver determines if they are available for long distance trips e.g. the Gold Coast or Brisbane or would prefer only local trips.

HART Services has a range of fleet vehicles, predominately Ford Mondeo wagons. When drivers do use their own vehicles they are reimbursed for fuel.

## SOCIAL SUPPORT

## VOLUNTEERS

Social Support volunteering is on a one to one basis and may involve offering practical assistance to those in our community who are socially isolated e.g taking a person out on a social activity such as morning tea, lunch, shopping, banking or other appointments.

It may involve just spending time visiting a person in their own home, providing companionship or helping them to write a letter.

### GROUP SERVICES

We provide both Social and Shopping Bus services and have volunteer roles for Bus Drivers and Client Assistants.

Some outings are fortnightly while others once a month. So if you have some time to spare on that basis we would love to hear from you!

Shopping buses operate in Casino, Coraki, Lismore & Kyogle.

Social Outings are great fun and include activities such as:

Mixed social outings, Women's outings, Men's outings, Carers outings and shorter outings for those who may have difficulty with a full day.

## ABORIGINAL COMMUNITY

## TRANSPORT BUS DRIVERS

As a volunteer Aboriginal community bus driver you can give something back to your community by transporting:

- >> community members to an array of outings, social events and most importantly Elders outings,
- >> youth after school and on weekends to sporting and youth events.

The more volunteer bus drivers each community has, means the buses are available and ready to be used more regularly.

It's about making a difference! and having a positive impact in communities.

The community buses are often the only public transport available as communities are situated in isolated and remote areas.

Become a volunteer community bus driver and make a real difference in people's lives!

If you would like to find out more you can talk to Kyle Bell our Community Engagement Coordinator  
**on 6628 0260.**

