

With an NDIS Plan ready to go the next step is putting plans into action.

HART Services can offer:

- ✓ A local organisation with local knowledge
- ✓ Not for profit values and commitment to making a difference
- ✓ Over 30 years experience in the Northern Rivers
- ✓ Experienced, trained and dedicated staff and volunteers with time for you
- ✓ Quality services from an NDIS registered provider



HOW

DO I FIND OUT MORE?

Call HART Services

02 6628 6000

ndis@hartservices.org.au

www.hartservices.org.au

37 Converys Lane,
WOLLONGBAR NSW 2477
PO Box 1788
Lismore NSW 2480

HART Services is an inclusive organisation that believes in equality of service. We are mindful of the needs of all in our community, welcoming people who are Aboriginal and Torres Strait Islander, from the LGBTI community or from non English speaking backgrounds.

hart

services

Home Assistance and Regional Transport Services

Services and Supports
for your

ndis plan

National Disability Insurance Scheme



Choose HART
to make your
plans a reality

Our Services

Support Coordination:

Support Coordination is about working together to make your plan work for you.

- **Support Connection** – brief support to activate your plan and stay on track
- **Support Coordination** – ongoing support for complex needs and challenges

Outings and Activities:

Individual opportunities – in response to your goals and personal interests.

- Fully flexible support to enjoy doing whatever you want to do
- Just ask us and we will explore possibilities to achieve your goals

Group opportunities – join an existing group or work with us to create something new.

- Bus Buddies – fun days out exploring the region or enjoying creative activities
- Fishing Line – social fishing with a BBQ lunch
- Aqua-Aerobics – get fit by enjoying a heated pool with others
- New Groups – can be developed based on demand

Learning Skills for Life:

Specialised Driver Training – learn to drive at your own pace. Qualified instructors, dual control vehicles.

Travel Training – use public transport with ease and confidence. Sensitive support tailored to your needs.

Technology Training – internet and mobile phone use for fun and independence. Banking and shopping, facebook, email - in your own home on your own device.

Cooking classes – learn to cook for health and independence. Create meals to share in a small group.

Independent Living - learn the skills that make a difference in your life. Support to attend appointments, go shopping, pay bills and socialise.



Personal Care:

Assistance with all personal care, hygiene and grooming. Our trained staff will be sensitive to your needs and preferences.

Household tasks:

- Excellent cleaning and laundry services
- Food preparation

Our staff are friendly, reliable and thorough.

Gardening:

HARTS Able Gardens service creates accessible easily maintained gardens and yards for you to enjoy. We undertake mowing, pruning, weeding, mulching and taking loads to the tip.

Transport and Travel:

Accessible vehicles to suit all requirements

- For people unable to use public transport or other independent travel
- Transport to appointments, education, employment & training
- Access to the community

